DANCE Overnight Camp

Subject to Change

Day 1

9am - 12pm REGISTRATION

1:00	Opening Rally
	Introductions
1:15	Warm Up
1:45	Technique Class
	Coaches' Meeting
2:15	Team Dance - part 1
3:45	Team Time
4:00	First Night Feedback *optional
4:30	Evening Break

DINNER

6:00	Home Routine Evaluations
6:45	Team Dance - part 2
7:45	Style Routine Demos - Class I & II
8:00	Team Time
8:30	Closing
8:30	Team Leader Reception
8:45	Coaches' Reception

Reminders

Invite friends & family for Home Routine Evaluations

Day 2

BREAKFAST

8:00	Leadership Class
8:30	Warm Up
	Coaches' Workshop 1:
	Creative Budgeting
9:00	Technique Class
9:30	Team Dance Review
9:45	Style Routines - Class I
11:30	Afternoon Break

LUNCH

1:00	Style Routines - Class II (TL)
	Coaches' Workshop 2:
	Tech. / Cond. with your HI
2:45	Top Gun - Kick & Leaps
3:15	Team Time
3:45	Custom Coaching - Group "A"
	Practice Time - Group "B"
4:30	Evening Break

DINNER

6:00	Custom Coaching - Group "B"
	Practice Time - Group "A"
6:45	Style Routine Review - Class I
7:15	Style Routine Review - Class II
7:45	Top Gun Turns
8:00	Style Routine Demos - Class III
8:15	Nightly Awards
8:30	Team Time
8:45	Closing

Reminders

Dress up for Fun Day tomorrow!
Practice Team Dance & Style Routines
Invite friends & family for Night 3 Evals & All American Audition

Fun Day!

BREAKFAST

8:00	Leadership Class
8:45	Warm Up
	Coaches' Workshop 3:
	Swap Shop
9:15	Team Technique
9:45	Style Routines - Class III
11:15	Showcase Class III
11:30	Afternoon Break

LUNCH

1:15	NDA Prime Time - Group "B"
	TD Mock Evals w/Buddy
2:00	NDA Prime Time - Group "A"
	TD Mock Evals w/Buddy
2:45	Top Gun - Hip Hop
3:00	Style Routine Review - Class I
3:30	Style Routine Review - Class II
4:00	Evaluation Explanation
4:15	Evening Break

DINNER

6:00	Evaluations:
	Style Routines - Class I
	Style Routines - Class II *optional
	All American Audition
	NDA Dance Party!!
	Nightly Awards
	Team Time
8:30	Closing

Reminders

Practice Team Dance one last time
Invite friends & family for Final Evals & Awards
Check out the NDA Spirit Store!

Day 4

BREAKFAST

8:30	Team Time
9:00	Evaluations:
	Team Dance Circle of Winners
	Team Leader Circle of Winners
11:00	Final Awards Ceremony
	Closing
	*There will be no warm up
	Please stretch on your own

CAMP GLOSSARY

First Night Feedback- Time with your Buddy Instructor to work on your Home Routine or team technique

Home Routine-Perform any routine brought from home for an evaluation from NDA Staff
Opportunity to qualify for Nationals

Leadership Class- Team leaders work on developing useful skills to implement throughout the year

Style Routine- Performance routines taught by staff varying in levels & styles

Team Dance- Routine consisting of Jazz, Pom, Kick & Hip Hop styles
Learned by the entire camp and perfected during Custom Coaching
Opportunity to qualify for Nationals

Top Gun- Fun competitions in which an award is presented to one dancer in the areas of kick, leaps, turns & freestyle hip hop

2012

National Dance Alliance - Simply the Best!